

# NOVEMBER

## BIRTHDAY PARTIES

Celebrate your birthday at Flip Side Gymnastics! Basic package includes: personal party coach, relays, 60 minutes on gym equipment, obstacle courses, fun and games! 30 minutes in party room for cake and presents!

Pick up information at front desk!

## FIELD TRIPS

Designed for your school, group, or scout group. Field trips typically last one hour and include all of the favorite pieces of equipment. Talk to the front desk for pricing!

## PRIVATES

If your child is having trouble getting certain skills or just wants a little extra one-on-one training, schedule a private with one of our trained coaches at your convenience. A little extra time goes a VERY LONG WAY!

## OPEN GYMS

We have three types of open gyms:

**Mon / Thurs 8:45-10 PM =**

This is for children who are in middle school and older.

**Saturday 12:30-1:30 PM =**

This is for any child 1st grade and older.

**Preschool Open Gyms**

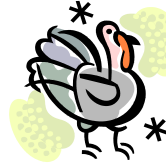
Once a month on Sundays

3yrs-kindergarten (parent

participation required). Sign up now!

## DON'T FORGET!

We will be closed for Thanksgiving Break  
Thursday Nov. 26-  
Sunday Nov. 29



## TheFlipSideGym.com

This is a GREAT opportunity to catch up on the latest news about your child's class.

It is also a wonderful way to look up class times as well as upcoming activity nights!

We are also available on Facebook with updated photos and teacher blogs!

THIS COUPON IS GOOD FOR ONE FREE SATURDAY OR SUNDAY OPEN GYM







EXPIRES 11/30/09

## CHECK OUT THE AWESOME PRESCHOOL THEMES FOR NOVEMBER!!!



ACTIVITY NIGHT  
NOV. 14  
PRESCHOOL OPEN GYM  
NOV. 15

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Tumble bug theme: SUPER SKILLS 1				OPEN GYM (8:45-10 pm)		OPEN GYM (12:30-1:30)
8	9	10	11	12	13	14
Tumble bug theme: PARENT PARTICIPATION				OPEN GYM (8:45-10pm)		OPEN GYM (12:30-1:30)
15	16	17	18	19	20	21
PRESCHOOL OPEN GYM	Tumble bug theme: CRAZY SOCK		WEAR YOUR CRAZIEST SOCKS!			OPEN GYM (12:30-1:30)
OPEN GYM (8:45-10pm)		OPEN GYM (8:45-10pm)		OPEN GYM (8:45-10pm)		OPEN GYM (12:30-1:30)
22	23	24	25	26	27	28
Tumble bug theme: THANKSGIVING				CLOSED	CLOSED	CLOSED
OPEN GYM (8:45-10pm)		OPEN GYM (8:45-10pm)		OPEN GYM (8:45-10pm)	OPEN GYM (12:30-1:30)	
29	30					
CLOSED	Tumble bug theme: STUFFED ANIMAL		BRING A STUFFED ANIMAL TO CLASS!			
	OPEN GYM (8:45-10pm)		OPEN GYM (8:45-10pm)		OPEN GYM (12:30-1:30)	

