

august & september

BIRTHDAY PARTIES

Celebrate your birthday at Flip Side Gymnastics! Basic package include

Personal party coach

60 minutes on gym equipment, relays, obstacle courses, fun and games!

30 minutes in the party room for cake and presents plus anything else!

Saturday/Sunday times available! Pick up a pamphlet at the front desk today!

FIELD TRIPS

Designed specifically for your school, group, or scout group. Our field trips are designed to suit your every need. Field trips typically last one hour & include all of the favorite pieces of equipment. Talk to the front desk for prices and available times.

PRIVATE

If your child is having trouble getting certain skills or just wants a little extra one-on-one training, schedule a private with one of our trained coaches at your convenience. A little extra time goes a VERY LONG WAY!

FLIP SIDE GYMNASTICS

Generation Gymnastics is now FLIP SIDE GYMNASTICS!!!!

We are all very excited about the name change, but rest assured that our values, coaching attitudes and tuition costs have remained the same. We are still dedicated to the success of each child and look forward to a wonderful new session!

OPEN GYMS

We have three types of open gyms:

Mon / Thurs 8:30-10 PM =

This is for children who are in middle school and older.

Saturday 12:30-1:30 PM =

This is for any child 1st grade and older.

Preschool Open Gyms

Once a month on Sundays, this open gym is geared for children, 3yrs-kindergarten parent participation required. Sign up now!

TheFlipSideGym.com

This is a GREAT opportunity to catch up on the latest news about your child's class.

It is also a wonderful way to look up class times as well as upcoming activity nights!

We are also available on Facebook with updated photos and teacher blogs!

no class on sept. 7th for labor day!!!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	17	18	19	20	21	22
FIRST WEEK OF CLASSES!!!						
Tumble bug theme: SUPER SKILLS 1 OPEN GYM (8:30-10 pm)			OPEN GYM (8:30-10 pm)		OPEN GYM (12:30-1:30)	
23	24	25	26	27	28	29
Tumble bug theme: BEACH WEEK OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
30	31	1	2	3	4	
Tumble bug theme: BRING A FRIEND WEEK OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
6	7	8	9	10	11	12
Tumble bug theme: BACKWARDS WEEK OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
13	14	15	16	17	18	19
Tumble bug theme: DINOSAUR WEEK OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
20	21	22	23	24	25	26
this week is bring a friend for all progressive classes!!!!!!!!!!!!!!!!!!!!!!			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
Tumble bug theme: SUPER SKILLS 2 OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)	
27	28	29	30	1	2	3
Preschool Open Gym	Tumble bug theme: HAT WEEK OPEN GYM (8:30-10pm)			OPEN GYM (8:30-10pm)		OPEN GYM (12:30-1:30)